

# **My Mother in My Life**

 **. Shiwani Chapagain**

**Class:- 3 'B'**

Red, Blue, Pink and White,  
You are beautiful in my life.

When I always close my eye,  
You stand with me all the time.

You make me happy all the time,  
You are my sunshine and my life.

I always pray to god.  
He make you happy all the time.

◆◆ Thank You ◆◆

# The Lazy Boy

✍. Anushree Parajuli

Class:- 5 'C'

Once upon a time, there was a lazy boy called Raj. He always eat, drink and sleep only. His mother was very worried about his future. She got an idea. One day she was laying on the bed and doing nothing. Then Raj came and said "Mom please give me some food". She said "I am feeling too lazy to cook food and do it yourself". After some time Raj came and said, "Mom where is the blanket you bought yesterday?". She said, "I don't know I am feeling too lazy to find it. Find it yourself ". Now he is very angry and said today you are just lying on the bed and doing nothing. "If you don't work, our house will be very dirty. We will be hungry. Be active and do some work please". His mother was very happy to hear that and said so now you understand what was I telling you. I always say please do some work but you don't obey me. Now see, I was worried about your future. Raj said "I am sorry. From today I will work hard". Now he started doing work and he and his mother lived happily ever after.



# My Village

✍. Aavash Gautam

Class:- 3 'B'

Everybody loves their villages. My village name is Ramja Deurali. My village has a natural beauty. It is located in Modi Rural Municipality Ward No.-07, Parbat District.

It is 75 Kilometer far from the Pokhara. There are about two hundred houses in my village. There are about two thousand people in my village. There are many trees and animals in my village. There is a river near my village. From my village, we can see many things like mountains, hills, forest etc. There is a temple in my village where the villagers worship. There is a school in my village. There are mostly Brahmins in my village. The main occupation in my village is Farming. They grow many things like vegetables, fruits and crops in my village. The villagers speak in Nepali language. The villagers are honest, helpful and cooperative.

In the village, there is not a highway road, hospital, Polish Post. When I will grow, I want to make hospital in my village. I love my village.



# My Best friend

 Swokxa Thapa

Class:- 3 'B'

My best friend's name is Prabisa Subedi. She is eight years old. She studies in class three 'B'. She has a brother also. She is so beautiful. Her hair is short but her hair is strong and silky. She has a dog also. Her Puppy's name is Mimi. She always play with her dog. She likes to eat healthy food. She likes to read book. She is so intelligent. She is good. Her favorite colour is pink. She never fight with Friends. She is my class mate. She likes to sing and dance. She is so hardworking. Her favorite subject is Maths. She always speak truth. She keeps her books neat and clean. She is honest.

◆◆ Thank You ◆◆

# Friendship

 Sanreep Pun

Class: 8 'C'

Just like the moon at night  
You make my world so bright.  
You are very precious in my life  
I will never forget you until I die.  
I am yours you are mine.  
Together we are bright and shine.  
Our friendship is great  
You are my best teammate.  
You are my best friend.  
You are my best friend.



# Future Changed a Boy

✍. Deepika Tiwari

Class:- 8 'C'

Once upon a time, there was a boy named Ram. He was very silly boy. He used to fight with his friends. He never used to listen his parents and teachers. He was the naughtiest boy in the school.

One day, he was going to the way of shop. He saw a door and without any thought he opened the door. He saw huge buildings and people flying in a car. When he saw that his eyes went to a man. He was begging for money. He went to the poor man and asked, "Why are you begging for the money?". The man replied, "I was very naughty and I never listened to my parent's in my childhood." So, I can't earn money for my lively hood. Now, neither I can study nor go back to the past. After that, Ram realized, may be I can also be like him in my future. I should return to my home and say sorry to my parents. Then, from that day, Ram started working hard for future and it changed his life.

***Moral: We should work hard to be successful.***



# PET ANIMALS

✍. James Gurung

Class:- 4 'C'

A pet animal refers to the domesticated companion animal which is kept for our pleasure and company. Pets are great blessings in anyone's life. They are unique and the most adorable creatures on the planet. Pets love us unconditionally. Not only pleasure, pets are also the source of security and many examples where pets have acted as protectors of their masters. Thus, the main aim of any pet's life is to make their owner happy. Pets bring joy in the family where they live. They're beautiful and loyal. Now a days, people prefer their pet's kids and to keep themselves as parents. People love them no less than human's. This is how relationship between pets is evolving. We should love and take care of our pets the way they love us.



# The Time of the Month

✍. Dishika Gurung

Class:- 7 'A'

Oh! The cramps! Its back,  
I crawled out of my bed to check.  
Searching for some pads and a hot pack desperately.  
All I needed was some love,  
Worth, chocolate.  
Even if you don't think your blood is beautiful  
Can you appreciate the complexity!  
Oh! The struggle when you are.  
On your bed just moving here and there!  
Then realizing you can't enter the  
Kitchen, temples and can't celebrate festivals.  
The mood swings, Cramps got the best of me.  
But, always smile through it knowing  
It not a burden but an achievement!



# Nature Mysteries

✍. Krish Gurung

Class:- 10 'A'

In the early morning the sun rays,  
Never forgets to make my days.  
As the wind blows,  
The chirping sound of the bird flows.

The beauty of the flowers and trees,  
As peaceful as the gentle breeze.  
The view of the bright moonlight,  
Always guides me at night.

Those huge oceans and seas to explore,  
Very difficult for me to ignore.  
Those tall beautiful snowy mountains very hard to climb,  
Yet it makes me smile all the time.

It may take an eternity or pass many histories,  
To explore all nature mysteries.





# 'A Look into my life'

 Aastha Gurung

Class: 10 'A'

Turn off the T.V, turn down the volume of Radio. Black out all noises. Be quite and meditate. Think about all the good times, bad times, regret, happiness, wants, desires, anger, betrayed, struggles, hard works, achievements, lessons learnt from mistakes, success in life. Just have a look into the life.....!

15 years ago, I was a tiny seedling of this world garden. I was a little innocent baby with no specific motion constellation of anything. For me, this world was a fantasy and I wanted to be a doll who would do nothing but just turn over face living in a beautiful castle. What else? For me, this was my world, these were my dreams.

Hmmm, I just wonder how crazy those dreams used to be! A pretty princess.... diamond castle..... Royal life and that's all. My family has always cared, loved and supported me since my childhood. They have always treated me like their dearest princess fulfilling my every wishes and desires. Whenever I fall down, get into trouble, fail to succeed or something happened wrong to me, they're the one who get worried at first and stand beside me being my biggest motivator. Not only my family, but also my friends, too have a great value in my life. They have been at my worst and helped me to be the best version of myself. Like, I truly feel blessed to get such loving parents, caring friends and supportive teachers in life. In these 15 years duration of my life, I found it's perfectly true that time flies like an arrow in a blink of an eye. Life is just like a flowing river. For instance, what I was 11 years ago is not obviously what I

am now and similarly what I am now is not obviously what I am going to be after 11 years.

Mixture of happiness-sadness, good-bad, bitter-sweet, summer-winter, failure-success..... That's life. Not every time, luck favours us. Not every day is a good day. There's some moments in my life where circumstances has totally destroyed the inner me, my confidence, challenged my sane, threw me into the depth of despair, tested my mettle and discouraged me time and again. But I am good as long as I let that little place inside me remain calm and untouched.

My limits have been tested several times in life to the point that I wanted to hide my head between my knees and say, 'I totally give up, its over!' And, just then a small voice in my soul whispers, 'It'll get better. Have faith and don't lose you self-confidence, Astha.' And as the moment passes and I can breathe through the storm, I understand I am a witness to my own life. Life of a human, you know, its just like a roller coaster. And its upon us, whether to scream or enjoy the ride. Someone had said, 'Life is a matter of choice' but I say 'Life is a matter of chance? It's my choice to grab its key and create my own milky way where I and only I am the supreme of my dreams.

I am a 16 year old student currently studying in grade-10. This year, I will be giving S.E.E. exam. So, my target for now is just achieving the best of the best percentage in SEE. However, after a decade, I am going to be someone whom everyone would feel proud of. For me, my Mom's happiness is everything. And, to make her forever happy is the ultimate goal of my life. I want my parents to be proudly saying "Aastha, you

did it! I am proud of you my daughter. We are proud to be your parents.” My aim in life is to be a pilot. Since I was a small child, I used to look at the used to wave it a good bye, and that was the time I set my heart and mind that one day. I’ll surely become a pilot; female pilot of my nation... wow, sounds amazing! Rakshya Rana, first female pilot of Nepal is my idol. But, you might be surprise if I say I don’t want to be the second Rakshya Rana, rather I want to sketch my own name in the milky way, a unique universe of my life and be the first ‘Aastha Gurung’.

A last, what I want to say is ‘Don’t let your dreams, just be the dreams. Be ambitious. Let your dreams fly, give them wings. And, always feel hungry for success Great thing take time so never give up...’



## **Discipline**

 **Agniz Joshi**

**Class: 2 'A'**

Discipline means to follow rules or do things in regular order. It is very important part of life. All the people in world should follow discipline. Discipline in life helps us to improve our habits. It helps to develop self-confidence and self-control in our life. Discipline in our eating habits also helps us to stay fit and healthy. Discipline helps us to grow up and become happy and successful.

◆◆ Thank You ◆◆

# **International Women's Day: 'Choose to Challenge'**

 **Rebika Parajuli**

**Class: 10 'C'**

With the motive and theme of "Choose to Challenge". as usual this year (2021), many programmes were held about women and their fight for the position they are at today. Every year International Women's Day (IWD) is celebrated on 8<sup>th</sup> March as it marks the day when women in Soviet Russia started protest for the right to vote which was later granted in 1917.

Often considered as slaves, women were men's toys. They were not allowed to do anything without the permission from a male. Women were treated as animal. Then there comes a hero role model for all the women's, 'Clara Zetkin' she raised voice for women almost 100 years ago and was successful to provide voting rights to women. That was 'definitely' not enough! Women were still men's pet. They were provided mental, physical and social torture from men and even the society. After a lot of struggle, tears and campaign launched by Clara, UN enlisted Women's right in every UN member countries. Even though, there are many social customs and traditions around the world against women's right. In order to work opposing such traditions, UN general Assembly created UN Women, the UN Entity for Gender Equality and the Empowerment of Women. IWD was celebrated to inspire women and support them for their fight for the rights. This year (2021), IWD has launched the theme 'Choose to Challenge' Stating that 'A challenged world is an alert world. And from challenge comes changes.' Finally, everyday should be women's day supporting their choice and motives in life. They should be well awarded about their rights and prevented from any kind of mental, physical, social and emotional harm.

**'Salute to all the women out there for the brave works.'**

# Education

✍️.Samip Ranabhat

Class :- 8 'B'

Sun is the light of day  
Moon is the light of night,  
Star is the light of sky  
But education is the light of life.

Life is for love  
Not for the money,  
Do something for the world  
Not for the funny.

Walk to heaven  
Not for the hell,  
Knowledge is for reality  
Not to fail.

One can do everything  
Who has got education?,  
Everyone will respect you  
And gives higher reputation.

Life is a journey  
Try to enjoy it,  
Education is the path  
So, walk on it.



# My take on cynicism

 **Dipshan Khadka**

**Class : 10 'C'**

Cynicism is simply a school of philosophy from the ancient Greece with the belief that one must reject all the conventional desires and strains from the society to live the life to its fullest. Popularized by the Greek Philosopher Diogenes who took cynicism to its logical extremes. He lived in a tub on the stress of Athens with one bowl which was discarded later on by him when he saw discarded late on by him when he saw a young boy cup his hands to drink water. He said to himself "What a fool I am, living with this junk all this time."

Diogenes of sinope dedicated his life to self-sufficiency, shamelessness and austerity. Diogenes interaction with the almighty Alexander the Great is one of my favorite. The man who had it all meeting the one with nothing. Diogenes was laying on the field when Alexander approached him and asked him to request anything and it would be fulfilled. Diogenes replied with "Move for me. You are blocking the sun." Alexander was humbled and said, "If I were not Alexander, I would wish to be Diogenes of sinope."

Today's era in an age of Globalization. People are more concerned about their image than their moral values. Internet has made it easy for someone to show off their riches and achievements while hiding their hardships and negative aspects. It makes one care for unnecessary

desires of social media likes and followers. Youths compare their lifestyle with someone better off and get depressed and anxious when they fail to get desirable success.

One must be able to apply some basic features of cynicism in his/her life. We should stop caring for things whose outcomes can't be changed. We must accept life for what it is rather than what it could be. This simple thought makes one fulfilled and content with his life. Unnecessary possessions and goods that aren't used should be passed on to someone who recognizes its value.



# The Elephant's Pride

✍. Aayush Sapkota

Class: 6 'C'

Once upon a time there, lived an elephant. He was very proud of his strength. One day, he was ready to go to the river. Suddenly he heard a voice behind him. He looked back and saw mouse. Mouse said 'Hey brother, wait up.' The elephant said, 'Hi mouse, why are you running.' The mouse said 'Where are you going.' 'I am going to the river to take bath as it is a hot day.' said the elephant. With a smile on his face the mouse said the mouse said 'Then I will go with you. Although I am afraid of water and can't swim, I will enjoy watching you swim.' Both of the friends went to the river. In the middle of the way, there were many bumps. The mouse got worried and said 'Elephant brother, please walk carefully. If you trip and fall, there will be nothing but paste of me. The elephant said 'Why are you worrying little brother? Don't you have any strength or courage? Look at me, I am so strong that even interrupted the elephant's speech and said 'Although I am small and weak, I am intelligent and I can do things which you cannot do.' The elephant said 'What are you saying strength can do anything.' Like this they started a debate. The mouse knew that this debate will never end if he still talk. So, he said 'Now brother, If we stretch this debate we will never reach the river. So, for now let us not talk and go to the river.' The elephant agreed and they continued their journey. After a while, suddenly they got trapped in a net. The elephant was struggling. The mouse said 'I think this trap was settled by the humans. They want to kill us.' The elephant said 'Capture me! Nobody can capture me. I will use my strength to be free.' The elephant rolled here and there but he had no luck. The mouse thought for a while and got an idea. He feed himself by cutting the net from inside. Then he cut the net from the outside and freed the elephant. 16



They ran to the river. The elephant said, "Thank you little brother. Without you I would be in the human's stomach by now. You saved my life. Indeed intelligence is bigger than strength. I was proud because of nothing. From today onwards I will never be proud of my strength and I will use it wisely." After that the elephant swam and the mouse enjoyed watching. They lived happily ever after.

***Moral: Do not be proud of your strength as intelligence is greater than strength.***



# **WATER**

 **Shardddha Kshetri**

**Class:- 4 'A'**

Water is very common thing. It is one of the most important things. We cannot live without water. No life on this earth is possible without it. All plants and animals require water. Water is plentiful on this earth.

Two-thirds of the surface of the earth is covered with water. Water can be obtained from various sources. We get water from wells, tanks, spring, rivers and seas. We also get water from rains.

Scientists say that water is made up of hydrogen and oxygen gases. Water is colourless and odourless. Water is liquid. It is also found in the solid and the gas form. Ice is the solid form of water, and vapour is the gaseous form. Water is good solvent. It can dissolve many substance.

Ordinary water contains some salts and minerals. The taste of water varies according to the amount of these salts and minerals. It is difficult to get pure water in nature.

◆◆ **Thank You** ◆◆

# Relentless

 **Sushant Gurung**

**Class: 10 'C'**

“Success doesn’t happen overnight”. This statement has been heard and said a million times right? And we all can believe that it is true.

You wake up one day, get motivated for a split second, and actually thrive for what you want in your life. The very next moment, you slack off, and decide to take a break. This doesn’t mean that breaks should be avoided. Indeed, breaks are good to brainstorm ideas that might help achieve your goal. Your breaks should be productive, it should add value to what you are targeting. However, breaks shouldn’t be a pause to the reel of your journey, and if you keep on taking breaks, you eventually give up on your goals. Unproductive breaks are like the full stops to the sentences, and what you need to reach the height, is a comma. This is one of the reasons why people don’t succeed; they’re not relentless.

Relentless is when you are ten toes down for something, no matter what the obstacles are; you don’t take “no” as an answer.

Every person at one point has a single goal. You see the vision for yourself; a vision you saw when no one else did. When you see that vision, you must stay hungry for it. You should be passionate towards it, and shed your sweat and tears for it. You keep on hustling and slowly feel like you’re getting towards your goal, and then you fail? So what? Failure shouldn’t be a brake for the journey to your goals, it should be a gear that accelerates you towards your goals. Chin up and accept the fail, and keep on marching towards your vision. After hundreds of trials and tribulations, you finally reach your goal point. You succeed. And that is when you can claim that you were relentless.

# Mother

~~✍~~. Anish Sapkota

Class: 10 'A'



If my mother wouldn't become the medium,  
now I wouldn't be able to see.

I wouldn't be able to know.

The smile on my face as a gracious as the sea.

Thanks to my dear Mom thank you for your love,  
You are my angel.

You are a beautiful dove.

Your presence itself removes my life tangles.

I can't describe you in words,

As your heart is as a pearl in the shell.

You solved my problems and made me free like birds,

You are my guide and friend as well.

# Mom

 **Kevin Gurung**

**Class: 6 'B'**

Mom is such  
a special word,  
The love lies  
I've ever heard.

A toast to you  
Above all the rest,  
Mom, you're so special  
You are simply  
the best.

